

2023 OSEP Leadership and Project Directors' Conference

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Successfully Partnering With Families Adds Credibility and Authenticity to Our Work and Fosters a Safer Environment for Active Family Engagement, Effectively Paving a Path to Empowerment for All Families

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Session Description

Successfully partnering with families adds credibility and authenticity to our work and fosters a safer environment for active family engagement, effectively paving a path to empowerment for all families. This implementation showcase lifts up the innovative approach to family engagement (filmmaking!) through efforts of the New York Region 1 Parent Training and Information Collaborative: a full-length film, "Candid Conversations: Handing Over the Reins," and a subsequent professionals panel discussion and toolkit created in response to said film, "Candid Conversations: What Are Self-Advocacy Skills for a Successful Transition?" Through their partnering with diverse families, professionals, and community partners across the New York region, the Collaborative successfully manage to elevate the voices of self-advocates and families while providing a unique insight into understanding, honoring, and overcoming historically complex barriers such as family dynamics and implicit biases that can feel daunting. Through the project, they created community that united professionals and those they serve, leveraging technology to address the digital divide and harness social media. The project incorporates various lenses of intersectionality across the spectrum of disability and serves as a replicable roadmap to effectively unlock unlimited possibilities to enhance parent engagement, increase agency, inform policymaking, and advance diversity, equity, and inclusion.

Critical Information

• Insert information here

Resources and/or References

- 1. NY Region 1 PTIC Collaborative and video/panel partners
 - <u>Advocates for Children of New York</u> (866) 427-6033 (M-Th 10am - 4pm) info@advocatesforchildren.org
 - <u>INCLUDEnyc</u>
 English (212) 677-4660 Text: (646) 693-3175
 Spanish (212) 677-4668 Texto: (646) 693-3157 WhatsApp: (212) 858-0795
 - Long Island Advocacy Center (516) 248-2222 (Nassau) (631) 234-0467 (Suffolk) info@theliac.org
 - <u>Metropolitan Parent Center at Sinergia</u> (212) 643-2840, ext 602 Intake Email: <u>intake@sinergiany.org</u> Metropolitan Parent Center: <u>mpc@sinergiany.org</u> Autism Initiative: <u>autisminitiative@sinergiany.org</u>
 - CIDA (718) 224-8197
 cida@cidainfo.com
 - <u>New York DeafBlind Collaborative</u> (718) 997-4856 <u>nydeafblind@gmail.com</u>
 - <u>Chinese-American Planning Council</u> (212) 941-0920 <u>info@cpc-nyc.org</u>

2. High School

- <u>High School Graduation Options for Students with Disabilities Also in Spanish,</u> <u>Korean and Chinese</u>
- High School Promotion and Graduation Policy for English Language Learners (ELLs) En Español: Política de Promoción y Graduación de la Escuela Secundaria en Escuelas Públicas de la Ciudad de Nueva York para Aprendientes del Idioma Inglés Also available in: Bengali, Chinese, Haitian Creol
- <u>Regents Exam Rights</u>

En Español: Derechos para los Exámenes Regents

- <u>Requesting an Impartial Hearing for Extended School Eligibility for Students with</u>
 <u>Disabilities</u>
- Summary of Changes to Graduation Requirements due to COVID-19 En Español: <u>Resumen de los cambios a los requisitos para la graduarse debido a la COVID-19,</u> <u>Arabic, Bengali, Chinese, French, Fulani, Haitian Creole, Korean, Russian, Urdu,</u> <u>Wolof</u>
- Advocating for Pregnant and Parenting Students
- <u>Know Your Options: Alternatives for Middle and High School Students En Español:</u> <u>Conoce tus Opciones: Alternativas para los alumnos de secundaria</u>
- <u>Rocking the GED En Español: Manejando la GED</u>
- Students, Know Your Rights!

En Español: Estudiantes de Secundaria, ¡Conozcan sus Derechos!

- Updated weekly: Information about Transfer High Schools Currently Accepting
 Students
- How to Participate in your IEP Meeting (video)
- INCLUDEnyc LIVE: Student-led IEP Process (video)

- LD Online: Transition and Self-Advocacy Development in High School Transition and Self-Advocacy | LD OnLine
- INCLUDEnyc Guided Notes and Sentence Starters for IEP Meetings Worksheet.pdf
- INCLUDEnyc GUÍA DE CONSEJOS PARA REUNIONES DE IEP
- INCLUDEnyc Guided Checklist for IEP Meetings Worksheet.pdf
- INCLUDEnyc LISTA DE CONSEJOS PARA LA REUNIÓN DE IEP
- TCAC PL Catalogue SY 22-23.docx
- (RPC resource) PARENT SURVEY FOR IEP(1) (1).docx
- <u>(RPC Resource) Student Led IEP Agenda.doc</u>
- (RPC Resource) Student SURVEY aligned to PLOP.docx
- (TCAC RPC Resource) Pre-ETS Brochure.docx Google Docs (2) (2) (2).pdf
 - <u>(TCAC RPC Resource) TCAC Pre-Employment Transition Services</u>
 <u>Application digital (2).docx</u>
 - (TCAC RPC Resource) Pre-ETS FAQ (1).docx.pdf

3. College

- <u>College Accommodations for Students with Disabilities | INCLUDEnyc</u>
- <u>Choosing a Post-Secondary School | INCLUDEnyc</u>
- Disability Laws: High School vs. Post-Secondary School | INCLUDEnyc
- <u>Think College: Guide to College programs for students with intellectual or</u> <u>developmental disabilities.</u>
- <u>The difference between colleges and universities</u>
- Disability & Accessibility Services The City University of New York
- Bridge Program College of Mount Saint Vincent

4. Internships/Jobs

- Preparing for Life after High School: Internships, Vocational & Transition Services
 <u>En Español: Preparándote Para la Vida Después de la Escuela Secundaria: Programas</u> Vocacionales y Servicios de Transición
- (SYEP) Application
- Welcome to ACCES-VR | Adult Career and Continuing Education Services | NYS
 Education Department
- Year Up
- ICD Institute for Career Development
- 5. Guide to Government Benefits Post High School
 - Applying for ACCES-VR En Español: Presentar una solicitud a ACCES-VR
 - <u>Applying for OPWDD En Español: Cómo aplicar en la OPWDD</u>
 - <u>Supplemental Security Income (SSI) Fact Sheet En Español: Seguro de Ingreso</u>
 <u>Suplementario</u>
 - ABLE National Resource Center information about Able accounts
 - Supplemental Security Income (SSI) | SSA
 - <u>New York Housing Resource Center</u>
 - New York Housing Resource Center Assistive (Enabling) Technology
 - <u>New York Self-Determination Coalition</u>
 - <u>Self-Direction</u> | Office for People With Developmental Disabilities
- 6. Guides and Tips for Self-Advocates
 - <u>6 Steps to a Perfect Elevator Pitch</u>
 - INCLUDEnyc's Project Possibility
 - INCLUDEnyc Navigating My Goals Worksheet.pdf

- (INCLUDEnyc CONOCIENDO MIS METAS.pdf)
- <u>Finding My Path: A Journey</u> to Self-Determination 나를 찾아가는 여정
- Anti-Ableism in Education: The Hueumann Perspective.
- Best Practices in Self-Advocacy Skill Building | Center for Parent Information and Resources
- Self-Advocacy: What It Is and Why It's Important | Understood
- Transition Guide Self-Determination I'm Determined (imdetermined.org)
- Opinion | My Disability Roadmap The New York Times
- Youth with Disabilities Generation NYC •
- Junior NAD Resources for 7-12th grade students who are deaf/hard of hearing
- Healthcare Transition Toolkit Autistic Self Advocacy Network
- Self-Advocacy Online
- 7. Guides and Tips for Families
 - Guide to Transition Services & College Planning: Helping Students with Disabilities Move from School to Adulthood

En Español: Guía de AFC sobre servicios de transición y planificación universitaria: Para ayudar a estudiantes con discapacidades en la transición de la escuela a la vida adult

- Transition Timeline (Spanish version)
- Transition: English Site
- Korean Site 전환기 (Transition) 준비
 - 어떠한 변화를 예상해야 하는가 0
 - 무엇을 준비해야 하는가?
 - 전환기 준비 자료들(성인으로서의삶을준비하기위한장애서비스안내집) 0
 - 전환계획과 서비스에 관한 웹사이트 자료들

The contents of this presentation were developed by the presenters for the 2023 OSEP Conference. However, these contents do not necessarily represent the policy of the U.S. Department of Education, and you should not assume endorsement by the Federal Government.

(Authority: 20 U.S.C. 1221e-3 and 3474)

- <u>Self Advocacy Skills and Self Determination National Center for Learning Disabilities</u>
- <u>Self-Determination Inventory | National Deaf Center (sign language and English)</u>
- <u>A Transition Guide to Postsecondary Education and Employment for Students and</u> Youth with Disabilities. Revised August 2020. (PDF)
- Youth with Disabilities Generation NYC
- <u>Self-Advocacy & Learning Disabilities | Strategies for Parents & Teachers</u>
- <u>Developing Self-Advocacy Skills: 4 Ways You're Already Doing It and 4 New Things</u> <u>You Can Try</u>
- How You Can Help Your Child Learn to be a Good Self-Advocate
- Building Self-Advocacy and Self-Care Skills National Parent Center on Transition and
 Employment
- NYC Autism Charter School: Tips for Transition (for Parents)
- <u>The Importance of Self-Advocacy in the Transition Process | Autism Speaks</u>
- <u>Transition Self-Advocacy Portfolio » FAVI Deaf-Blind Collaborative » College of</u> <u>Medicine » University of Florida (ufl.edu)</u>
- Transitioning to Life After High School NCLD
- <u>Understanding Self-Advocacy Learning Disabilities Association of America</u> (Idaamerica.org)
- Medical Home Portal Self-Advocacy
- Self-Advocacy for Young Adults: Overcoming fears (video)
- <u>#90 Teen to Adult Transition Insights from a Self Advocate LOMAH Podcast</u>
- <u>Self-Advocacy</u> Suite Transition Improvement Grant Wisconsin
- Transition Planning (ARISE)
- After High School (NYC DOE)
- Transition (14–21) (NYDeaf/Blind)
- <u>Transition from Adolescence to Independence, a few resources to get you started</u> (NY state)

8. Groups

- <u>CIDNY</u>
 - o <u>CIDNY onepage Youth Transition Flyer 1.17.23.pdf</u>
 - <u>CIDNY One Pager English.pdf</u>
 - o <u>CIDNY NY Connects One Pager.pdf</u>
- Groups MOPD
- <u>New York Disability Resources and Advocacy Organizations Olmstead Rights</u>
- <u>Find Your Parent Center</u>
- <u>National Council on Independent Living</u>
- <u>National Disability Rights Network</u>
- <u>Tri-County Care Service Guide Digital.pdf</u>
 - o (Tri-County Resource) Region 4 2023 SDIS via WebEx Schedule.pdf
 - o (Tri-County Resource) Front Door Info Session Flyer 3.20.23.pdf
 - (Tri-County Resource) Front Door Info Session Flyer 3.20.23 Spanish.pdf
 - o (Tri-County Care Resource) Self-Direction Brochure.pdf
 - o (Tri-County Care Resource) Region 4 SD Unit Contact Information 091222.pdf
 - (Tri-County Care Resource) 2023 working people with disabilities (1).pdf

