



# RESOURCES AND STRATEGIES TO SUPPORT CHILDREN WITH DISABILITIES AND THEIR FAMILIES DURING COVID-19

The Coronavirus disease 2019 (COVID-19) has deeply impacted early childhood programs, children and families, and their communities. This resource, jointly created by the Office of Special Education Programs (OSEP), the Early Childhood Technical Assistance Center (ECTA), the Office of Head Start (OHS), and the OHS TA National Centers may be helpful when seeking guidance and resources to help leaders, services providers, teachers, support staff, children, and families during this re-opening and continuity of services.

## GENERAL

- Keep Children Healthy during the COVID-19 Outbreak (CDC)  
<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/children.html>
- Resources to Support EI/ECSE During the COVID-19 Outbreak (DEC)  
<https://www.dec-sped.org/covid-19>
- Responding to COVID-19 E-book on ECLKC  
<https://eclkc.ohs.acf.hhs.gov/about-us/coronavirus/responding-covid-19>
- ECLKC Inclusion Webinars  
<https://eclkc.ohs.acf.hhs.gov/children-disabilities/article/inclusion-webinars>
- Teacher Time Special Episode  
<https://event.on24.com/wcc/r/2297474/5F6B37236346ABDCB421A9CC9D59C208?partnerref=MyPeers>
- ECLKC Ask the Expert Series: Caring for Children with Special Health Care Needs During Covid-19  
[https://goto.webcasts.com/starthere.jsp?ei=1317257&tp\\_key=d2e59e8f15&cid=e4eec95e36f0ca511a44ee9b1909390e](https://goto.webcasts.com/starthere.jsp?ei=1317257&tp_key=d2e59e8f15&cid=e4eec95e36f0ca511a44ee9b1909390e)
- Coronavirus (COVID-19) Resources (ECTA)  
<https://ectacenter.org/topics/disaster/coronavirus.asp>
- Information for Families of Children and Youth with Special Health Care Needs (AAP)  
<https://www.healthychildren.org/English/health-issues/conditions/COVID-19/Pages/COVID-19-Youth-with-Special-Health-Care-Needs.aspx>

## FAMILIES

- National Center on Parent, Family, and Community Engagement Parent Tip Sheet:  
<https://eclkc.ohs.acf.hhs.gov/publication/tips-family-services-staff-working-remotely-families>
- Supporting Children and Families During the COVID-19 Pandemic  
<https://ectacenter.org/topics/disaster/coronavirus-talking.asp>
- Family Resources on Remote Service Delivery and Distance Learning  
<https://ectacenter.org/topics/disaster/familiesathome.asp>
- Helping Children and Families Cope  
<https://challengingbehavior.cbcs.usf.edu/emergency/index.html>
- Wearing Masks  
[https://challengingbehavior.cbcs.usf.edu/docs/Wearing-Masks\\_Story.pdf](https://challengingbehavior.cbcs.usf.edu/docs/Wearing-Masks_Story.pdf)  
[https://challengingbehavior.cbcs.usf.edu/docs/Wearing-Masks\\_Tipsheet.pdf](https://challengingbehavior.cbcs.usf.edu/docs/Wearing-Masks_Tipsheet.pdf)  
[https://challengingbehavior.cbcs.usf.edu/docs/washing-hands\\_story.pdf](https://challengingbehavior.cbcs.usf.edu/docs/washing-hands_story.pdf)
- Helping Your Child During the Pandemic  
[https://challengingbehavior.cbcs.usf.edu/docs/Pandemic\\_family\\_infographic.pdf](https://challengingbehavior.cbcs.usf.edu/docs/Pandemic_family_infographic.pdf)
- Spanish version  
[https://challengingbehavior.cbcs.usf.edu/docs/Pandemic\\_family\\_infographic\\_sp.pdf](https://challengingbehavior.cbcs.usf.edu/docs/Pandemic_family_infographic_sp.pdf)



- Parent Information Centers  
<https://www.parentcenterhub.org/>
- Find your state parent information center  
<https://www.parentcenterhub.org/find-your-center/>
- COVID-19 Resources for Families  
<https://stemie.fpg.unc.edu/covid-19-resources-families-help-children-understand-covid-19>

---

## SOCIAL EMOTIONAL DEVELOPMENT/MENTAL HEALTH

- ECLKC Head Start Heals Campaign  
<https://eclkc.ohs.acf.hhs.gov/mental-health/article/head-start-heals-campaign>
- Social stories from ECLKC  
<https://eclkc.ohs.acf.hhs.gov/children-disabilities/article/social-stories>
- National Center for Pyramid Model Innovations Resources  
<https://challengingbehavior.cbcs.usf.edu/emergency/in:dex.html>
  - Tucker Turtle Takes Time to Tuck and Think at Home  
[https://challengingbehavior.cbcs.usf.edu/docs/TuckerTurtle\\_Story\\_Home.pdf](https://challengingbehavior.cbcs.usf.edu/docs/TuckerTurtle_Story_Home.pdf)
  - Spanish version  
[https://challengingbehavior.cbcs.usf.edu/docs/TuckerTurtle\\_Story\\_Home\\_SP.pdf](https://challengingbehavior.cbcs.usf.edu/docs/TuckerTurtle_Story_Home_SP.pdf)
  - Problem Solvers at Home  
[https://challengingbehavior.cbcs.usf.edu/docs/ProblemSolving\\_Story\\_Home\\_EN.pdf](https://challengingbehavior.cbcs.usf.edu/docs/ProblemSolving_Story_Home_EN.pdf)
  - Problem Solvers at Home Spanish version  
[https://challengingbehavior.cbcs.usf.edu/docs/ProblemSolving\\_Story\\_Home\\_SP.pdf](https://challengingbehavior.cbcs.usf.edu/docs/ProblemSolving_Story_Home_SP.pdf)
  - Why Can't I Go to School?  
[https://challengingbehavior.cbcs.usf.edu/docs/why-cant-i-go-to-school\\_Story.pdf](https://challengingbehavior.cbcs.usf.edu/docs/why-cant-i-go-to-school_Story.pdf)
  - Why Can't I Go to School? Spanish version  
[https://challengingbehavior.cbcs.usf.edu/docs/why-cant-i-go-to-school\\_Story\\_SP.pdf](https://challengingbehavior.cbcs.usf.edu/docs/why-cant-i-go-to-school_Story_SP.pdf)
- Head Start Center on Inclusion - Social Stories  
[http://headstartinclusion.org/social\\_stories](http://headstartinclusion.org/social_stories)
- Links to English and Spanish social stories that you can download  
<http://headstartinclusion.org/downloads>
- I Can Wear A Mask Social Story  
<https://www.autism.org/wp-content/uploads/2020/04/face-mask-social-story.pdf>

---

## PARTNERSHIPS

- Questions and Answers on Providing Services to Children with Disabilities during the Coronavirus Disease 2019 Outbreak  
<https://www2.ed.gov/policy/speced/guid/idea/memosdcltrs/qa-covid-19-03-12-2020.pdf>
- Delivery of IDEA services during COVID-19 (ECTA)  
<https://ectacenter.org/topics/disaster/coronavirus-faq.asp>
- Video Conferencing for Early Intervention During the COVID-19 Pandemic (ECTA)  
[https://ectacenter.org/~pdfs/topics/disaster/Planning\\_for\\_the\\_Use\\_of\\_Video\\_Conferencing\\_in\\_EI\\_during\\_COVID-19\\_Pandemic.pdf](https://ectacenter.org/~pdfs/topics/disaster/Planning_for_the_Use_of_Video_Conferencing_in_EI_during_COVID-19_Pandemic.pdf)



---

## REOPENING

---

### REMOTE LEARNING

- From COVID-19 E-book – Services for Children with Disabilities  
<https://eclkc.ohs.acf.hhs.gov/children-disabilities/coronavirus/services-children-disabilities>
- Schedules and routines  
<https://eclkc.ohs.acf.hhs.gov/about-us/article/schedules-routines-home>
- Remote Service Delivery and Distance Learning  
<https://ectacenter.org/topics/disaster/tele-intervention.asp>
- Remote Service Delivery FAQs  
<https://ectacenter.org/topics/disaster/coronavirus-faq.asp#servicedelivery>
- State Guidance and Resources  
<https://ectacenter.org/topics/disaster/ti-state.asp>
- Provider and Educator Use of Technology  
<https://ectacenter.org/topics/disaster/ti-service.asp>
- An Inclusive Preschool During the Pandemic: Remote Learning at Big Walnut Elementary School  
<https://ectacenter.org/topics/disaster/ti-service.asp#bigwalnut>
- Preschool Remote Learning During the Pandemic at Tarver Elementary  
<https://ectacenter.org/topics/disaster/ti-service.asp#videos>
- Considerations for Increasing In-Person Activities and Making Infrastructure Adjustments for Part C During COVID-19  
<https://ectacenter.org/topics/disaster/coronavirus-re-opening-part-c.asp>

---

### EQUITY AND INCLUSION

- Equitably Serving Children with Disabilities and their Families during Coronavirus (COVID-19)  
<https://ectacenter.org/topics/disaster/coronavirus-equity.asp>
- State Indicators and Elements of High-Quality Inclusion  
<https://ectacenter.org/topics/inclusion/indicators-state.asp>
- Local Program Indicators and Elements of High-Quality Inclusion  
<https://ectacenter.org/topics/inclusion/indicators-local.asp>
- Community Indicators and Elements of High-Quality Inclusion  
<https://ectacenter.org/topics/inclusion/indicators-community.asp>
- Early Care and Education Environment Indicators and Elements of High-Quality Inclusion  
<https://ectacenter.org/topics/inclusion/indicators-ecce.asp>
- National Center for Pyramid Model Innovations Equity Statement  
<https://challengingbehavior.cbcs.usf.edu/Implementation/Equity/index.html>
- National Center for Pyramid Model Innovations Reopening Resources  
<https://challengingbehavior.cbcs.usf.edu/emergency/index.html>
- Expelling Expulsion  
[http://www.pyramidmodel.org/wp-content/uploads/2016/11/expelling\\_expulsion.pdf](http://www.pyramidmodel.org/wp-content/uploads/2016/11/expelling_expulsion.pdf)
- Pyramid Model Consortium Webinar - Creating Anti-racist Early Childhood Spaces  
[https://challengingbehavior.cbcs.usf.edu/Training/Webinar/archive/2020/06-12/2020-06-12\\_creating-anti-racist-ec-spaces.html](https://challengingbehavior.cbcs.usf.edu/Training/Webinar/archive/2020/06-12/2020-06-12_creating-anti-racist-ec-spaces.html)



---

## EVALUATIONS AND ASSESSMENTS

- Remote Evaluation and Assessment  
<https://ectacenter.org/topics/earlyid/screeneval.asp#remote>
- Evaluation and Assessment FAQs  
<https://ectacenter.org/topics/disaster/coronavirus-faq.asp#assessment>
- Assessment Practice Guides for Families  
<https://ectacenter.org/decrp/type-pgfamily.asp#pgfamily-assessment>

---

## DATA

- Key Part C Data Considerations During COVID-19  
[https://dasycenter.org/wp-content/uploads/2020/07/Key-Part-C-Data\\_Considerations-During-COVID-19.pdf](https://dasycenter.org/wp-content/uploads/2020/07/Key-Part-C-Data_Considerations-During-COVID-19.pdf)
- EC Data Systems, Responding to COVID  
[https://dataqualitycampaign.org/wp-content/uploads/2020/06/DQC-FPL\\_Early-Childhood-Data-Systems\\_Responding-to-COVID-and-Building-for-the-Future.pdf](https://dataqualitycampaign.org/wp-content/uploads/2020/06/DQC-FPL_Early-Childhood-Data-Systems_Responding-to-COVID-and-Building-for-the-Future.pdf)
- Integrated Data (Blog from Child Trends)  
<https://www.childtrends.org/blog/integrated-data-can-help-states-better-respond-to-and-recover-from-crises-like-covid-19>

---

## TRANSITIONS

- CDC Guidance for Child Care Programs that Remain Open  
<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/guidance-for-childcare.html>
- From COVID-19 E-book - Summer Learning for Children with IEPs and IFSPs  
<https://eclkc.ohs.acf.hhs.gov/about-us/coronavirus/summer-learning-children-ieps-ifsp>
- Transition resources from ECTA  
<https://ectacenter.org/topics/transition/osep.asp>
- (Re)Opening ECTA  
<https://ectacenter.org/topics/disaster/coronavirus-faq.asp#servicedelivery>
- Transition resources from Parent Center Hub  
<https://www.parentcenterhub.org/transitionpreschool/>

---

## NATIONAL HOTLINES

- If you or someone you know is experiencing negative mental health effects and need more immediate assistance, please reach out to SAMHSA's Disaster Distress Helpline (1-800-985- 5990) or the National Suicide Prevention Lifeline (1-800-273- TALK). Both are available 24/7, 365 days a year.
- National Parent Helpline for Parent Support: 1-855-4A PARENT (1-855-427-2736)
- National Domestic Violence Hotline is 1-800-799-SAFE (7233) or [www.thehotline.org](http://www.thehotline.org)
- StrongHearts Native Helpline at 1-844-7NATIVE (762- 8483) or [www.strongheartshelpline.org](http://www.strongheartshelpline.org)
- National Child Abuse Hotline: 1-800-4A-CHILD (422-4453) or [www.childhelp.org/childhelp-hotline](http://www.childhelp.org/childhelp-hotline)
- Substance Use - Alcoholics Anonymous (1-212-870-3400)
- National Association for Children of Alcoholics (1-888-554-COAS (2627)
- National Institute on Drug Abuse (NIDA) (1-301-443-1124)



---

## ECTA CENTER RESOURCES- *Coming Soon!*

- Screening Tools for Remote Administration
- Assessment Tools for Planning Instruction and Monitoring Young Children's Progress Remotely
- Gathering Information Remotely to Assist Teams with Determining Children's Eligibility for Part C Services
- Gathering Information Remotely to Assist Teams with Determining Children's Eligibility for Part B 619 Services
- Considerations for Increasing Face-to-Face Sessions for Inclusionary Preschools and Early Care Centers During COVID-19